

About Us



- We are a **walk-in clinic**
- We offer **same day visits**
- **Medication provided** at visit
- **No charge** for visit
- In-recovery **encouraged, but not required.**

What is Buprenorphine?

Buprenorphine (Suboxone®) is a medication to treat opioid use disorder. It promptly stops withdrawal symptoms and reduces opioid craving. It is long-acting, has a very low overdose risk and minimal euphoric effect, and helps support recovery.

Did You Know?

- Use of Buprenorphine reduces risk of overdose death by 50% or more, and helps people stay in recovery.
- You can use buprenorphine as needed, but regular daily use will increase your ability to care for yourself and your loved ones, and to maintain your independence.

Everyone is Welcome



- Recently in Jail, Prison or Drug Court?
- Homeless?
- In Chronic Pain?
- Recently in ER, Hospital, Overdose Treatment?
- Pregnant, or with youth?
- Veteran or Tribal Member?

Peer Support *We're here for you.*



- Help with basic needs, accessing resources.
- Referrals for long-term treatment, counseling, housing



Capital Recovery Center (CRC), established in 1989, is a non-profit Washington State Certified Behavioral Health Agency, that specializes in co-occurring treatment, integrating substance use disorder and mental health services.

With integrated treatment, we can best serve individuals and improve outcomes for recovery.

Capital Recovery Center builds safe environments so people can become self-directed by learning and using tools that are helpful in our wellness and life journeys.

We work to dismantle misconceptions, confront discrimination and build understanding. Empowerment and full community participation are our ultimate goals.

*Opioid treatment medication
for your comfort and safety.*

*Peer support to help you
design your own recovery.*



**CAPITAL
RECOVERY
CENTER**

Contact Us

1000 Cherry St SE,
Olympia, WA 98501

(360) 349-0033 **PHONE**

(360) 357-2821 **FAX**

olybupeinfo@gmail.com

CRCOLY.ORG/OBC

CRC is a 501(c)3 non-profit – Fed. Tax ID#91-1465297



**CAPITAL
RECOVERY
CENTER**

A PEER-SUPPORTED COMMUNITY
BUILDING HOPE



OLYMPIA BUPE CLINIC
BUPE
BUPRENORPHINE (SUBOXONE®)

WALK-IN CLINIC FOR SAFE OPIOID TREATMENT

Open to walk-ins during the following hours:
MONDAY – FRIDAY | 4:00 PM – 7:30 PM



CAPITAL RECOVERY CENTER

The Olympia Bupe Clinic Staff – Left to right: Malika Lamont, Hayley Demus, Darlene Hein, Kelley Jackson, Traci Papoff, Meta Hogan, Tamara Heinz, Sofi Harnish, Dr. Lucinda Grande, MD. Not pictured: Garrett Leonard, Emily Shippee.

What can you expect?

Olympia Bupe Clinic DIRECTORS & STAFF

AT YOUR FIRST VISIT:

- A Peer Recovery Coach will introduce you to the clinic and collect basic information.
- You will watch a short video, Designing Your Own Recovery.

AT EVERY VISIT:

- You will meet with a medical provider who will help you get the most out of the medication.
- In most cases, you will be provided a short-term supply of medication.
- You can meet with a peer recovery coach, or set a time to meet outside of clinic hours.

ON RETURN VISITS:

- Occasionally, urine testing will occur to confirm presence of buprenorphine.

Lucinda Grande, MD
OBC MEDICAL DIRECTOR

Sofi Harnish, RN
OBC NURSE CARE MANAGER

Tamara Heinz
LEAD PEER RECOVERY SPECIALIST

Garrett Leonard
PEER PATHFINDER

Traci Papoff
PEER RECOVERY SPECIALIST

Meta Hogan
COMMUNITY PROGRAMS DIRECTOR

Hayley Demus
OBC VISTA CLINIC COORDINATOR

Darlene Hein
OBC ADMINISTRATION CONSULTANT

Jim Wright
CRC EXECUTIVE DIRECTOR

Brad Livingstone, RPH
OBC PHARMACIST

Malika Lamont
OBC HARM REDUCTION DIRECTOR

Emily Shippee
OBC CLINIC MANAGER



Dr. Lucinda Grande
Medical Director



James Wright
Executive Director

Our Vision

Voice and choice, enriching ourselves and our communities.

Our Mission

A peer-supported sanctuary that fosters recovery, healing, growth and community engagement.

We will protect your privacy with the highest standards of medical care. We will not share your information without your permission, except as required by law.

THE OLYMPIA BUPE CLINIC (OBC) IS OPEN TO WALK-INS
Monday – Friday | 4:00pm – 7:30pm
Alternatively, call **360-349-0033** to speak to a **Bupe Clinic Specialist**, Monday - Friday 1pm – 8pm.

Since 1989, Capital Recovery Center, has employed staff who have direct experience with mental health challenges. We implement an innovative, balanced and integrated approach that leads to self-determination, resilience and recovery.